

Belly Dancing

Beginner Level Dance Classes



Belly Dance classes provided by Rock City Dance

Rock City Dance's new Belly Dancing class for beginners held at the Brook Park Rec promises to be a fun workout while learning the fundamentals of this ancient form of dance.

Improve coordination, strength and muscle tone by utilizing your muscles in the natural movement of the body while promoting creativity through the expression of dance.

FREE DEMO class on Tuesday March 30th from 6:00 – 6:55 pm.
Contact RCD to sign up at 440.243.4999.

When: Tuesdays
Where: Brook Park Rec Center
Time 6:00 pm to 6:55 pm
Ages: 13yr to Adult

Session I: Each Tuesday from April 6 thru April 27, 2010
Cost: \$20.00 for the 4 week session
Register: Contact Rock City Dance at **(440) 243-4999**

Class Discount: add a second class such as Cardio Hip Hop on Thursday evenings at 6:00 pm or ZUMBA on Tuesday's at 7:00 pm for an additional \$15.00!

www.RockCityDance.com

Rock City Dance Studio is located in Middleburg Hts on the corner of Webster & Pearl.