

Learn to Swim Program

Winter Session II 2010

Session: January 9-February 17, 2010 (6 weeks)

Registration: December 23 2009-January 8, 2010 **Registration form on back of this sheet.**

REGISTRATION WILL BE ON A FIRST COME FIRST SERVE BASIS REGARDLESS OF RESIDENCY. PAYMENT UPON REGISTRATION IS REQUIRED, UNLESS THE CLASS IS FULL AND YOU ARE PUT ON A WAITING LIST.

<u>Code</u>			<u>Start/End</u>
LTS01 Level I	Monday & Wednesday	5:00-5:30 pm	1/11-2/17
LTS02 Level II	Monday & Wednesday	5:30-6:00 pm	
LTS03 Level III	Monday & Wednesday	6:00-6:30 pm	
LTS04 Level IV	Monday & Wednesday	6:00-6:30 pm	
LTS05 Level V	Monday & Wednesday	6:30-7:00 pm	
LTS06 Level VI	Monday & Wednesday	6:30-7:00 pm	

CLASSES OFFERED ONCE A WEEK:

			<u>Start/End</u>
LTS07 Infant Swim	Monday	6:00-6:30 pm	1/11-2/15
LTS08 Pre-School I	Wednesday	6:00-6:30 pm	1/13-2/17
LTS09 Infant Swim	Saturday	9:30-10:00 am	1/9-2/13
LTS10 Pre-school II	Saturday	9:30-10:00 am	"
LTS11 Pre-school I	Saturday	10:00-10:30 am	"
LTS12 Level I	Saturday	10:00-10:30 am	"
LTS13 Level II	Saturday	10:30 -11:00 am	"
LTS14 Level III	Saturday	10:30-11:00 am	"
LTS15 Level IV	Saturday	11:00-11:30 am	"
LTS16 Level V	Saturday	11:00-11:30 pm	"
LTS17 Level VI	Saturday	11:30am-Noon	"

- All Learn to Swim classes must have a minimum of 5-**registered** participants for the class to run.
- **Class days and times are subject to change.**
- A class may be cancelled or combined if there are insufficient numbers.
- Makeup classes must be approved by the Aquatics Director. Make up classes will only be approved if there is space available in the class. Refunds/class credits will not be issued for missed classes.

FEES

Classes offered 2 times per week:

Resident, Member: \$28.00
 Resident, Non Member: \$33.00
 Non-Resident, Member: \$38.00
 Non-Residents, Non-Member: \$53

Classes offered 1 time per week:

Resident, Member: \$16.00
 Resident, Non Member: \$19.00
 Non-Resident, Member: \$23.00
 Non-Resident, Non-Member: \$30.00

Class Description

Infant Swim: Ages 6mo. - 2yrs. This class will focus on water acclimation and interaction between parent and child. Children will learn basic water skills and how to enjoy the water with songs and games.

Pre-School I: Ages 2-3 yrs. Parents accompany child into the water to work on swimming readiness skills. Water adjustment, underwater exploration and water safety are all part of this beginner class.

PLEASE BE ADVISED THAT IT IS OUR POLICY THAT ALL CHILDREN UNDER THE AGE OF 4 MUST REGISTER FOR PRE-SCHOOL I. REGISTRATION FOR PRE-SCHOOL II MUST BE APPROVED BY THE AQUATICS DIRECTOR; ACCEPTIONS WILL ONLY BE MADE IF YOUR CHILD IS WITH IN 4 MONTHS OF TURNING 4 AND IS COMFORTABLE IN THE WATER.

Pre-School II: Age 4 yrs. Children work on swimming readiness skills, and learn to be comfortable in the water. All participants will learn front float, back float and work on the basics of stroke technique. **PARENTS WILL NOT BE IN THE WATER WITH THEIR CHILD.**

Level I: Ages 5 and up. Children learn to be comfortable in the water, and work on swimming readiness skills. Participants will learn water safety, floating and going under water with blowing bubbles. Treading water introduced.

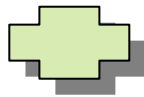
Level II: Ages 5 and up. Child should swim independently. This class will work on front crawl with rotary breathing and back crawl.

Level III: Ages 5 and up. Child must be able to swim front crawl 15 yds. with rotary breathing. Exploration of deep water, elementary backstroke, dolphin & breaststroke kick and diving.

Level IV: Ages 5 and up. Child must be able to swim 25 yd of front crawl, back crawl and elementary backstroke. Also child must be able to swim 15 yd of breaststroke. Open turns and deep water skills will be covered.

Level V: Ages 6 and up. Child must be able to swim 50 yd of front and back crawl, 25 yd elementary backstroke breaststroke, butterfly and sidestroke. Flip turns will be introduced.

Level VI: Ages 6 and up. Child must be able to swim 100 yds. of front crawl and back crawl with turns. Breaststroke, butterfly, sidestroke and elementary backstroke should be defined. Swimmers will work on executing these strokes with greater ease, efficiency and power. Endurance workouts will be part of this class.



AMERICAN RED CROSS AFFILIATED

If you have questions about what level to register your child, contact Bryan Smith, Aquatics Manager at 216-433-1545 Ext. 4270

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Learn to Swim Registration WINTER II 2010

Child's Name _____ Age _____ Parents Name _____

Address _____ City _____ Zip _____

Phone_(_____) _____ Cell_(_____) _____ Pager _____

Emergency Contact _____ Phone_(_____) _____

Class Code _____ Class Name _____ (Level) Fee _____

The City of Brook Park is affiliated with and upholds the standards of the American Red Cross in sponsoring training programs in Water Safety and Aquatics. I the undersigned, do assume all risks and hazards while participating in the aquatic program, including transportation to and from the program; agree that neither the City of Brook Park, the Recreation Department nor any staff connected with the program will in any way be liable for any injuries or medical expenses that may occur.

Parents

Signature _____ Date _____

Office Use Only: Fee: _____ Date: _____ Receipt#: _____ Emp: _____